



NEBRASKA STATE SUICIDE PREVENTION COALITION

2021 Suicide Prevention Mini-Grant Instructions

Thank you for your interest in applying for a mini-grant from the Nebraska State Suicide Prevention Coalition (NSSPC). Priorities for funding, directions, definitions, and examples to complete the application are in this document.

Applicants must:

- Be a non-profit organization, have a qualified non-profit as their fiscal agent, or be a recognized Nebraska Behavioral Health Region.
- Work with their respective Nebraska Behavioral Health Region to ensure the project being proposed will not duplicate efforts already in place.
- Provide receipts verifying appropriateness of charges as funds will be provided on a reimbursement agreement after expenditure has occurred.

Priority is given to applications with any or several of the following

- **Project is completed by December 31, 2021** - With the uncertainty that the pandemic environment has caused, flexibility in project timelines and extensions can and will be granted to recipients that communicate and submit their proposed changes for approval
- Expands awareness of suicide prevention/postvention throughout Nebraska
- Use of evidence-based or practices
- Follows safe messaging guidelines
- Matching funds
- Use of evaluation to measure effectiveness
- Requests of \$3,000 or lower (\$500 minimum)

Available Funds

Thanks to the generous support from the Kim Foundation, donors, and partners; \$30,000 is being made available for mini-grants awards of \$500 to \$3,000 to selected recipients.

Directions

Complete the Suicide Prevention Mini-Grant Application, including a work plan, brief narrative, and budget.

Submit the completed document to suicideprevention.nebraska@gmail.com and glewandowski2@unl.edu no later than March 31, 2021.

Questions about this Grant Opportunity

Please contact Quinn Lewandowski at glewandowski2@unl.edu. Emails will be returned promptly Monday-Friday during regular business hours.

Definition of Terms in the Logic Model

Logic models show prevention professionals how all of the elements of a program fit together to achieve change. A logic model is a planning tool to clarify and graphically display what the project intends to do and what it hopes to accomplish and impact. Definitions that will help you complete the application and examples are included below and in the following pages.

1. **NEED:** Why is the activity needed? What is the problem?

Examples:

- Suicide is the second leading cause of death for youth 10-24 years of age.
- Forty-four percent of youth who die by suicide use a firearm.

2. **GOALS:** What, in general, will the activity accomplish to address this need? Goals speak to the overarching purpose of the activity.

Examples:

- Increasing awareness of how to Question, Persuade and Refer by offering an evidence based best practice training will increase the confidence of adults and likelihood of identifying youth at risk.
- Providing lock boxes for firearms will decrease the likelihood of accessibility to a firearm by a family member.

3. **OBJECTIVES:** What specific changes were anticipated from the activity? Objectives identify the target population, the direction and amount of change anticipated, and the timeframe for completion. Objectives are a specific and quantifiable measure of change in the target audience.

Examples:

- 50% of teachers at ABC middle school will attend a QPR training by August 31, 2020; 100% will complete an evaluation; of those, 85% will report an increased level of comfort engaging in conversation with a youth on suicide.
- 10% of households in XYZ County own a firearm; 25 families will receive a lockbox with 85% using the lockbox 3 and 6 months after receipt.

4. **INPUTS:** Resources needed to conduct the activity to meet goals and objectives. What is needed to invest to deliver the program? Money? Knowledge? Training? Approval?

Examples:

- Certified trainer, QPR booklets, and willingness of ABC middle school to support teachers attending the training.
- Lockboxes, promotion of giveaway, instructions on use of lockboxes, community receptivity to the lockbox, willingness of recipients to be contacted at 3 and 6 months.

5. ACTIVITY & DATE: What activities will be conducted? What specific tasks were completed during the planning and execution of the activity?

Examples:

- Promote training, facilitate training, and compile results from evaluation forms by September 30, 2020.
- Promote lock box giveaway on radio, local newspaper, and signs in community, offer give-away to community from July 15-31, and follow up with recipients in October and December 2020.

6. PARTICIPANTS: Define the intended audience and how they were selected.

Examples:

- Teachers at ABC school.
- Parents of youth ages 10-24 in XYZ County who own firearms.

7. OUTCOMES: What specifically happened as a result of the activities?

Examples:

- 75% of teachers [94 of 125] at ABC middle school completed a 1.5 hour Question, Persuade & Refer training; 100% completed an evaluation; 90% reported an increase in comfort level.
- Of the 250 families owning a firearm, 18 were given a lockbox [7%]. Of the 18, 100% reported using the lockbox at 3 months and 45% reported using the lockbox at 6 months.

Sample Budget

Item	Cost	Funds Requested	Matching Funds	Total Cost
500 mood glow bracelet for distribution at health fair	500 x \$.25 = \$125	\$125	\$0	\$125
Wallet card	500 x \$1.00 = \$500	\$500	\$0	\$500
QPR booklet	\$2/book x 40 books	\$0	\$80	\$80
Lock box	50 x \$25/box + \$10 shipping	\$260	\$1,000	\$1,260
	totals	\$885	\$1,080	\$1,965